







Does that mean I can take antibiotics to get rid of the bacteria?

Well, yes, but it's always best to wait a few days first and see if your body gets rid of the infection on its own.

Why?

If we use too many antibiotics, the bacteria can become resistant. That means the medicine will stop working. To make sure that doesn't happen, we only need to use antibiotics when really necessary.





What else can we do to make sure bacteria don't become resistant to antibiotics?

If you are given some to take, make sure only you take them, and take all the ones you are given, don't stop just because you feel better! Also, try not to spread infections: Wash your hands regularly, use a tissue if you sneeze or cough, and avoid going out too much if you are unwell.





The Microbiology Society is a membership organisation for scientists who work in all areas of microbiology. It is the largest learned microbiological society in Europe with a worldwide membership based in universities, industry, hospitals, research institutes and schools. An important function of the Society is the promotion of the public understanding of microbiology. The Society produces a wide range of resources to support microbiology teaching in schools and colleges. For further information, please visit www.microbiologyonline.org.uk

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