

STI Quiz – True or false?

You are more likely to get an infection if you sleep around.

False. Anyone who is sexually active can pick up an infection; even those who have been with the same partner for a long time can suddenly develop an infection. But, the more partners you have the more likely you are to pick up an infection, if you don't always use a condom.

You can only catch a STI if you have vaginal sex.

False. You can contract/pick up a Sexually Transmitted Infection from vaginal, anal and oral sex, and pass it on during foreplay or petting by fingers and by mouth. Wearing a condom every time you have sex will prevent you from getting an infection.

You know when you have an infection because you feel unwell and it hurts when you pass urine.

False. Many of the infections have no symptoms. This is very worrying as you could have had an infection for a long time and not known or been able to get it treated.

If the condom that you are using splits you may need Emergency Contraception.

True. Especially if condoms are the only method of contraception being used.

Chlamydia is known as the silent epidemic.

True. Chlamydia has very few symptoms until the infection is very advanced, many people don't know they have got it.

If you get an infection it is really important that you tell all the people that you have had sex with to get checked out.

True. Its called contact tracing, it is very important that everyone you have had a sexual encounter with is screened. If they have an infection, they will be treated and all their contacts identified.

If you go to a GUM clinic they will automatically tell your doctor.

False. Everything is confidential, although they ask your name etc, your treatment will be recorded by a number so all your tests that go to the lab remain anonymous.

Only gay people get HIV.

False. Heterosexual people get HIV too, from unprotected sex and from sharing drug injecting needles etc.